

SUBSTANCE SURVEY FORM

Name _____

Date _____

Please list any prescription medications you are currently taking or have taken in the last year.

Medications	Diagnosis
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please list any over-the-counter medications you are currently taking or have taken in the last year.

Product	Symptom	Quantity & Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list any vitamins, supplements, herbs, or homeopathic medicines you are currently taking or have taken in the last year: (Use other side if needed).

Product	Symptom	Quantity & Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____

Check the following items which apply to you and indicate the amount used:

- Coffee _____
- Artificial Sweetener _____
- Ice Cream _____
- Tea _____
- Antacids _____
- Alcohol _____
- Soft Drinks _____
- Laxatives _____
- Cigarettes _____
- Diet Drinks _____
- Candy _____
- Other Tobacco _____

How many desserts do you have in any average week? _____